Mystic
Love Conquers

1 JOHN 5:1-5 SESSION 7.19

faithelement
setting the bible free

☐ *Prepare in Advance*

Facilitator: In advance of the session:

- Prepare a focal point with pictures of all sorts of different people from magazines, news articles, etc. Also include photos of people from church, work, school, neighborhood, family (you can ask group members to bring in photos of their own)
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the *Bible Background Video* ready to view.

☐ *Introduction*

Invite someone to read 1 John 5:1-5 out loud and then show the *Bible Background Video.*

☐ *Reflection*

Invite people to look at the pictures and think of additional people in their lives/awareness (these might be individuals that they like or dislike for some reason). Ask them to let two or three of these people to come to the front of their minds as they do this reflection.

Lead the group in this guided reflection

- *Imagine the people on your mind one at a time.*
- *Imagine that each person comes to you and confesses his or her need for love, and says to you "I need to know that I'm loved. Love me."*
- *Pay attention to how you feel, and what you think. What are some words/actions you might say/do to respond to this person's need?*
- *Spend some time envisioning what loving this person might look like. Imagine yourself speaking/acting in love.*
- *Now imagine that God comes to be present with you and this person. Share any surfacing thoughts, feelings, questions, requests with God.*
- *Listen for God's response.*
- *"Leave" the person with God as you move on to reflect on another person who has come to the front of your mind.*
- Repeat this reflection with as many people on your mind as you want.
- Invite the group to share their reflections with each other.

Close with group prayer.

By Joy Yee

SPONSOR

Get a new website by Faithlab and help support Faithelement.

Learn more at Faithlab.com

© Copyright 2015 FaithLab, LLC., All Rights Reserved. Visit www.faithlab.com and www.faithelement.com.
This free resource is made possible by our sponsors. Want to sponsor a session? Email david@thefaithlab.com